

HOLIDAY GLOW & WELLNESS TIMELINE

A GUIDE TO PEAK RESULTS

12–10WKS BEFORE OCT

Start these corrective treatments now to allow maximum time for collagen building and healing.

- ◆ **Morpheus8 (RF Microneedling)**
SESSION 1 OF 3
Deep skin tightening and collagen stimulation.
- ◆ **SkinPen Microneedling**
SESSION 1 OF 3
Dramatically improve skin texture, tone, and minimize acne scars.
- ◆ **PlasmaMD Pen Lift**
Non-surgical tightening/lifting for optimal healing before the holidays.
- ◆ **Permanent Make-Up**
Initial session for brows, eyeliner, or lips (allows time for healing and touch-ups).
- ◆ **Filler / Biostimulators**
Restore volume, contour facial features, and jump-start long-term collagen growth.
- ◆ **GLP-1/GIP Weight Loss Program**
Start now to see visible results by year-end.

ADD-ONS

Quick Wellness Boosts

Enhance any appointment with **NAD+** or **BioBoost B12** Injections for cellular repair, energy, and metabolism support throughout the busy season!

PRO TIP:

Book your series now — holiday schedules fill up fast!

18–6WKS BEFORE MID–LATE OCT

Focus on follow-up sessions and skin renewal treatments.

- ◆ **Morpheus8 / SkinPen Microneedling**
SESSIONS 2 OF 3
- ◆ **NEW! Chrysalis Peel**
SESSIONS 1 + 2
Intense brightening & skin renewal (4 sessions recommended).
- ◆ **Permanent Make-Up Touch Up**
4–6 week follow-up session.
- ◆ **Filler / Biostimulators**
Final touch-up sessions if needed.

6–4WKS BEFORE LATE OCT–MID NOV

Final treatments that require swelling to subside or results to fully activate.

- ◆ **Neurotoxin (Botox, Dysport, Xeomin)**
Smooth lines and wrinkles; results peak around two weeks post-treatment.
- ◆ **SkinPen Microneedling** ◆ **Chrysalis Peel**
SESSION 3 OF 3 **SESSIONS 3 + 4**
- ◆ **Filler / Biostimulators**
Final touch-up sessions if needed.

4–1WK BEFORE MID-NOV–EARLY DEC

Perfect time for final maintenance and instant glow treatments.

- ◆ **Morpheus8**
SESSION 3 OF 3
- ◆ **Neurotoxin (Botox, Dysport, Xeomin)**
Still time to treat lines if needed
- ◆ **DiamondGlow Facial Refresh**
(1-2 Weeks Before)
Gentle exfoliation and infusion for instant radiance and deep hydration—zero downtime.